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Air quality during COVID-19 lockdown: Blessing in disguise

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The world at present is facing a gravest health crisis due to the COVID-19 pandemic. To control its unimaginable transmission worldwide lockdown was implemented resulting in economic deterioration but on the other hand betterment of the environment took place. Therefore this study attempted to analyze the quality of air during the lockdown period and infer its outcome to environment and health. 15 empirical research articles, eight (54%), three (20%), two (13%) and two (13%) from Asia, Europe, South America and North America, respectively have been evaluated. From the studies it was inferred that during the lockdown period, in general, there was a trend of decrease in the level of concentrations of PM_{10} , $PM_{2.5}$, CO, NO, NO₂, NH₃, NO_x, SO₂ and increase in the concentration level of O₃ in comparison to either the pre-lockdown period or to the previous year(s) records. Marked decrease in the levels of NO, NO₂, NOx were noted. Also PM_{10} , $PM_{2.5}$, SO₂ and CO levels were seen to diminish significantly. The main reasons for such decrease were restricted movements of traffic and temporary closure of factories and industries. However, as the thermal power plants were functional during lockdown so improvement of air quality in those areas was not significant. Overall, significant improvement in the air quality was observed during the lockdown which led to better climatic conditions, lesser pollution and improved many seasonal ailments like asthma and other cardio-respiratory issues in people.

Keywords: Air pollutants, Air quality, COVID-19, Lockdown

The world at present is facing a gravest health crisis due to a virus. This has culminated into a pandemic, also known as "coronavirus pandemic", which until months ago were unknown to the scientists. Coronaviruses are a large family of RNA viruses that cause mainly respiratory diseases ranging from the common cold to more severe pneumonia in both mammals and birds. Viruses continue to emerge and challenge public health. According to the World Health Organisation (WHO) some of the lethal coronavirus varieties, found to affect global public health are SARS-CoV (Severe Acute Respiratory Syndrome corona virus) in 2002; MERS-CoV (Middle East Respiratory Syndrome corona virus) in 2012 and the newly emerged novel corona virus also known as SARS-CoV2 in 2019¹. This virus was named as COVID-19 by WHO after it became a pandemic threat. Coronaviruses are enveloped virus with a helical symmetry nucleocapsid and contains positive sense single stranded RNA genome of 26-32 kilobases, making it one of the largest RNA viruses^{2,3}. They have a crown-like appearance under an electron microscope (*coronam* is the Latin term for crown) due to the presence of spike glycoproteins on the envelope⁴. Alcohols have distinct effects upon the structure of proteins and polypeptides like destruction of rigid native structure, induction of α -helix as well as dissolution of peptide aggregates^{5,6}. Using this principle, under the preventive guidelines of WHO, hand-washing using alcohol based sanitizers are being recommended to prevent the entry of this life-threatening virus into the respiratory tract.

Since the first outbreak of COVID-19 was reported in Wuhan, China in December 2019⁷, at present there are rarely any country that is unaffected with this global pandemic infection⁸. The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes^{9,10}. It affects adults more than the children through the infection of the respiratory tract epithelium¹⁰. The World Health Organisation recommended travel restrictions and nationwide lockdowns across the world to control its rapid community transmission.

COVID-19 may have a mammoth negative effect on human health and wealth. However, it has a

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significant positive effect on the environment. As there was sudden and worldwide impactful outburst of this virus the Director General-WHO declared it as a pandemic on March 11, 2020¹¹, the Governments of almost all the nations of the world implemented lockdown in their respective nations in order to control the level of transmission of the infection. From the end of March, 2020 till mid-May, 2020 almost the whole world was shut down. This demanded the temporary closure of the industries, factories, tourism, movement of vehicles, public organizations etc. and hence it led to a decrease in the emission of poisonous gases in the atmosphere, resulting in the decrease of the level of air pollution. The lockdown period improved the air and water quality in a short span of time due to very few human activities^{12,13}. Therefore, the investigators of the present study attempted to evaluate the studies related to the empirical verifications of the quality improvement of air during the lockdown period and infer the nature of such improvement.

Methodology

Sample

15 numbers scientific research articles, authored by various authors from different countries of the world and published in reputed peer-reviewed journals, have been selected following the criteria mentioned below:

Inclusion criteria

Full-length empirical papers in the English language have been included. All experimental studies that, analyzed the data provided by the authorized air quality monitoring stations, have been included. Studies representing countries from different continents of the world have been included by giving priority to the prevalence of the number of coronavirus cases and ranking of the countries in reference to the level of air pollution¹⁴.

Exclusion criteria

Abstracts were excluded due to a lack of detailed methodology and results.

Sampling technique

Purposive sampling technique has been followed in this investigation.

Method

The related empirical papers have been searched from Google Scholar and Open Athens, online search engines.

Delimitation of the study

The present study is delimited to the empirical studies related to the quality of air during the lockdown period. Only six primary air pollutants have been included in the study such as-Particulate Matter 10 micrometers (PM_{10}), Particulate Matter 2.5 micrometers ($PM_{2.5}$), Oxides of Carbon (COx), Oxides of Nitrogen (NOx), Oxides of Sulphur (SOx) and Ozone (O_3).

Results and Discussion

The literature obtained have been reviewed exhaustively and represented in the following (Table 1).

In this paper eight (54%), three (20%), two (13%) and two (13%) research articles have been included from Asia, Europe, South America and North America, respectively (Fig. 1).

Five (56%), two (22%), one (11%) and one (11%) countries are represented from Asia, Europe, South America and North America, respectively (Fig. 2).

Further, one (05%), one (05%), one (05%), one (05%), nine (45%), one (05%), two (10%), two (10%) and two (10%) places have been covered from China, South Korea, Japan, Kazakhstan, India, Italy, Spain, Brazil and USA, respectively (Fig. 3)

Therefore, the investigators attempted to include the scientific studies proportionately and by considering of the inclusion criteria.

After a thorough investigation it is noted that in most of the countries across the world total lockdown was implemented from a period between March 14 to 25, 2020, except in Wuhan (China) and Daegu (South Korea). In these two countries the total lockdown and self reflection was implemented from January 23, 2020 and February 23, 2020, respectively. It is for the reason that in Wuhan, China the first COVID-19 case was detected in December, 2019⁷ and in South Korea on January 20, 2020²⁹. Therefore, from the end of March, 2020 up to mid-May, 2020 movements were restricted in all aspects across the world. This seems to influence the air and water quality throughout the world¹².

Analyzing the data obtained from the papers that have been included in this study and computing the mean scores for all the respective data (Fig. 4) it may be inferred that during the lockdown period in general there was a trend of decrease in the level of concentrations of PM_{10} , $PM_{2.5}$, CO, NO, NO₂, NH₃, NOx, SO₂ and increase in the concentration level of O₃^{11,15-28} in comparison to the records of either the

			Table 1 –	– Analy	sis of the Scie	ntific R	esearch Articl	les		
			In	terpretat	ions of the dat t		components down period	of air po	llution	during
Author/s	Study co	Date of mmencemen of lockdown		PM ₁₀ %	PM _{2.5} %	COx%	% NOx%	SOx%	б (D ₃ % Inferences drawn from the studies
ASIA (I) Ma C and	China	lockdown-	January 9 to April 29, 2020		month pre-loc		self-refection iod	vs lockd	lown	(i) Decrease in the concentration of $PM_{2.5}$
Kang G (2020) ¹⁵	(b)Daegu, South Korea (c)Tokyo, Japan		(112 days)	Nil	(a) Wuhan (-29.9) (b) Daegu (-20.9) (c) Tokyo (-3.6)	Nil	NO ₂ : (a)Wuhan (-53.2) (b) Daegu (-19.0) (c) Tokyo (-10.4)	Nil	Nil	 delayed the allergic airway inflammation in 10 year old children (subject of the study) in all the three cities in ratio to the percentage of reduction of the concentration of PM_{2.5} in that city. Hence health hazards due to air pollution decreased during the period of lock-down/ self-reflection¹⁵ (ii) Decrease in the concentration level of NO₂ also improved the health of the people, especially the Wuhan citizens¹⁵
(II) Kerimay A <i>et.al.</i> (2020) ¹⁶	Almaty, Kazakhstan	March 19, 2020	March, 19- April 14, 2020 (27 days))	, 19-April 14, 2019 <i>vs</i> , 19-April 14, 2020		Pre-lockdown vs lockdown j	-		(i) Decrease in the concentration of air pollutants maybe due to the absence of road traffic during the lock-down, along with the
				Nil		CO: (-49)	NO ₂ : (-35)	Nil	(+15)	 seasonal changes in the temperature and precipitation, during that period¹⁶
										 (ii)However, the result was affected by the coal combustion in power plants¹⁶ (iii)Increase in the level of O₃ may be due to the higher levels of solar activity⁹
(III)	Ghaziabad		March25 to		January 14	, 2020 v	s lockdown p	eriod		(i) Lockdown has significant
Lokhand wala S and Gautam P (2020) ¹¹	City, Northern India	2020 (midnight)	April 14, 2020 (21 days)	(-50.	8) (-85.1)	Nil	NO ₂ : (-48.7)	SO ₂ : (-14.3		 impact on the concentration of the primary components of air pollution¹¹ (ii) Improved the water quality of the rivers of Ganga, Yamuna, Cauvery and others¹¹
(2020) ¹⁷	Stone quarrying and crushing site of Dwarka river basin of Mayurakshi, Eastern India	ſ	March25 to April 14,2020 (21 days)	(-23.5 (appro	56) Nil	n perioc Nil	l vs lockdown Nil	n period Nil	Nil	 (i) Due to lock-down significant decrease in- (a) PM₁₀ concentration (b) Land surface temperature (c) noise level¹⁷ (ii) Improvement of river water quality¹⁷
										(Contd.)

(V) Selvam S	Gujarat, Western	March 25, 2020	Table March24 to April 20,	Ja	nuary1 to		23, 2020 (Pr oril 20, 2020 (1		/	(i) Also the overall Air
<i>et.al.</i> (2020) ¹⁸	India	(midnight)		(-44)	(-39)	CO: (-25)	NO ₂ : (-59)	SO ₂ : (-40)		(+58)	Quality Inde: improved by 58% for durin the months fro January to April, 2020, i comparison t the same perio in 2019 ¹⁸
and	(a) Delhi (b) Mumbai (c) Chennai (d) Kolkata (e) Bangalore, India	March 25, 2020 (midnight)	March 10 to april6, 2020 (27 days)	(a) Delhi (-52) (b) Mumba (-47) (c)Chenna Nil (d)Kolkat (-34) (e)Bangalo (-34)	(a)D (-4 ai (b)Mu (-3 ii (c)Ch (-1 a (d)Kc	Delhi 41) (umbai 33) aennai 44) blkata 23) ngalore (n period vs po CO: (a)Delhi(-29) (b)Mumbai (- 46) (c)Chennai (-25) (d)Kolkata (-29) (e)Bangalore (-16)	ost lockdown NO ₂ : (a)Delhi (-50) (b)Mumbai (-75) (c)Chennai (-32) (d)Kolkata (-60) (e)Bangalore	Nil	 (a) Delhi (+7) (b) Mumbai (+8) (c) Chennai (+3) (d) Kolkata (+17) (e) Bangalore 	(i)Spatiotemp al variations depict that significant decrease in th level concentration all the air 12 pollutants, except ozone (ii) However, Bangalore the
				(a) Delhi (-34)	(a) [(-3	Delhi 32)	oril 2019 vs M (a) Delhi (-27)	(- 60) Iarch-April 2 (a) Delhi (-48)		(-11) (a) Delhi (-14)	is decrease in the concentration O_3^{19}
				(b)Mumba Nil (c)Chen Nil (d)Kolkat (- 32) (e)Bangalo (-40)	nai N (c)Ch a (-3 (d)Kc re (-2	fil lennai 89) olkata 27) ngalore ((b)Mumbai Nil (c)Chennai (-23) (d)Kolkata (-16) (e)Bangalore (-15)	Nil (c)Chennai (-43) (d)Kolkata (-66)		(b)Mumbai Nil (c)Chennai (+73) (d)Kolkata (+ 87) (e)Bangalore (-21)	
(VII) Mahato S, Pal S and Ghosh K C (2020) ²⁰		March 25, 2020 (midnight)	to April 14,		Pre lockdo	own per	riod <i>vs</i> post le	ockdown peri	od	redu in sout north of NAQ of c	54%, 49%, 43% 37% and 31% ction air polluti central, eastern, hern, western ai tern parts of De was recorded by 01 within four da ommencement the lock-down ²⁰
										cond O ₃ 1 and the ii of C th tr are) Increase in the centration level may be negligib insignificant, b norease in the le b ₃ was recorded e industrial and affic dominated as, maybe due t ease in NO leve

			Table		lysis of the S				SO .	0.
				(-51.84)	(-53.11) [i] Traffic background station: (-62.61) [ii] Industries background station: (-59.74)	backgro statio (-36.8 [ii] Industr	5) (-52.6 ffic Tra bound backg n: stat (4) (-50 [i ries Indu: bound backg n: stat	58) [i] ffic round ion: 0.61) i] stries round ion: 0.99) H ₃ :	SO ₂ : (-17.97)	O ₃ : (+0.78)
			-			-	19 vs Marc	-		
				(-60)	(-39)	Nil	Nil	Nil	Nil	
(VIII)	(a) Delhi-	March 25,	March1		Pre lockdow	n period	l vs post loc	kdown per	iod	(i)Less reduction in the
Kumari P and Toshniwal D (2020) ²¹	northern	2020 (midnight)	to April	(-44.61)	(a) Delhi (-49.34) ai (b)Mumb (-37.35) (ili Singraul	ai c)	NO ₂ : (a) Delf (-60.11 (b)Mumb (-78.12 (c)Singra (-12.5)	SO ₂ : ni (a)Del) (-19.5 bai (b)) Mumb uli (-39.0 (c)	$\begin{array}{ccc} & O_3: \\ \text{hi} & (a) \text{ Delh} \\ 1) & (+37.35) \\ & (b) \\ \text{ai} & \text{Mumba} \\ 1) & (+20.65) \\ & (c) \\ \text{uli Singraul} \end{array}$	level of SO ₂ as the power plants were functional during lock down ²¹ . (ii) Increase in the concentration level of O ₃ maybe due to: [1] i less combustion of
EUROPE										
(IX) Collivignare IliM C <i>et.al.</i> (2020) ²²	2	y (A) March 9, 2020- Partial Lock- down (B) March 22, 2020	7, 2020 to April 5, 2020 (58 days	(-48)) Pre-lockdo (-47.4) Partial locke	CO: (-57.6)	(a) NO ₂ : (-61.4) (b) NOx: (-74.5)	SO ₂ : (-25.4)	(+252.3)	 (i) Significant reduction in the concentration of al pollutants due to vehicular traffic restriction, temporary closure of industries²² (ii) Marked inspace in
		23, 2020- Total Lock- down		(-14.1)	(-16.3)	CO: (-22)	(a) NO ₂ : (-32.1) (b) NOx: (-36.6)	SO ₂ : (-68)	(+30.5)	(ii) Marked increase in the concentration level o O_3 due to higher solar radiation during spring and summer. Also due to significant decrease of the concentration of NO in the air ²² (<i>Contd.</i>)

(X) Tobías A <i>et.al.</i> (2020) ²³	Barcelona, Spain	2020	to March		Nil	Nil	od vs post lo NO ₂ : [i] Urban	SO ₂ :		(i) Decrease in the concentration of NO ₂ may be due to
				(-27.8) [ii] Traffic Station (-31.0)			Bacground Station (-47) [ii] Traffic Station (-51.4)	Bacgrou	Station (+28.5) [ii] Traffic Station (+57.7)	decrease in the combustion of fuels during the lock- down ²³ (ii)Concentration of PM ₁₀ is influenced by the regional- background –origin of Saharan dust episodes, dust re- suspension along with other causes related to industrialization and traffic ²³ (iii) Decrease in the concentration of SO ₂ due to the reduction of emissions by the cruises ²³ (iv) Increase in the level of O ₃ due to: [a] decrease of NOx in VOCs limited environment [b] Decrease of NO [c] Increase of isolation and temperature during that period ²³
(XI)	(a) Madrid,	· · · · · · · · · · · · · · · · · · ·					19 vs March			(i) Higher reduction
Baldsano J M (2020) ²⁴	Spain (b) Barcelona, Spian	2020	2020 (31 days)	Nil	Nil	Nil March 20	NO ₂ : (a) Madrid (56) (b)Barcelon (-59) 018 vs March	a	Nil	values between 2019 and 2018 maybe due to meteorological differences between both the years. 2019 had stable weather but poor air quality
				Nil	Nil	Nil	NO ₂ : (a) Madrid (46) (b)Barcelon (-55)	Nil	Nil	whereas, 2018 had unstable weather with more dispersion of pollution ²⁴
SOUTH AN										
(XII) Dantas G <i>et. al.</i> (2020) ²⁵	Rio de Janeiro, Brazil: AQ monitoring stations (a) Irajá (b)Bangu (c) Tijuca	March 23, 2020 partial lock-down in Rio de Janerio	to April 16, 2020	(a) Irajá (-21.4) (b)Bangu (-17.5) (c) Tijuca (-33.3)	Pre loci Nil	CO: (a) Irajá Nil	od vs post lc NO ₂ : (a) Irajá (-53.9) (b)Bangu (-32.2) (c) Tijuca Nil	Nil	period (a) Irajá (+31.1) (b)Bangu (+22.5) (c)Tijuca (+63)	(i) Partial lock-down improved the air quality of the city ²⁵ (ii) Increase in the level of O ₃ may be due to high solar radiation and high temperature ²⁵

(XIII)	São Paulo,		March 24		Partial lo	ockdown	vs five-year	nonthly mea	n	(i) Significant
Nakada LYK and Urban RG (2020) ²⁶	Brazil	2020 partial lock-down in São Paulo	to April 26, 2020 (approx) (33 days)	up to (-22.8)	up to (-29.8)	CO: up to (-64.8)	NO: up to (-77.3) NO ₂ : up to (-54.3) NOx: up to (-65.4) own vs four-w	SO ₂ : (-32.7)	(+31.5)	decrease in the concentration levels of NO, NO ₂ and CC in urban areas during partial lock-down period in comparison with the five-year mean value ²⁶ (ii) Significant increase in O ₃ concentration during the same period in
NODTH AN	IEDIC A			No	No significant decrease was noticed.	up to	NO: up to	No significant lecrease was noticed.	(+13.4)	 urban areas²⁶ (iii) Even tough Brazil is located in the southern hemisphere with relevant meteorological differences when compared with Asia and Europe significant air quality improvements were noticed²⁶
NORTH AN (XIV)	Memphis,	March 25,	March 25		100	kdown	period vs prio	r month		(i) In-significant
Jia C et. al. (2020) ²⁷	USA	2020	to May 4, 2020 (40 days)	Nil	up to (+ 23)	Nil	NO ₂ : No change in the concentration	Nil u	p to (+36)	impact of lock-down on air quality was observed in Memphis ²⁷
(XV)	New York,				First we	ek of M	ay <i>vs</i> First we	ek of Januar	y	(i) Six-year trend
Zangari S (2020) ²⁸	USA	202 in New York	to First week of May, 2020 (45 days approx)	Nil	(-36)	Nil	NO ₂ : (-51)	Nil	Nil	shows that the concentration of PM _{2.5} and NO ₂ decreases gradually from first week of January to first weel of May ²⁸ (ii) No significant change in the air quality was observed ²⁸

pre-lockdown period or the previous year(s). All studies reported, it to be significant^{11,15-26}, except those that were conducted to study the effect in the USA. In Memphis, USA insignificant effect of lockdown on air pollution was observed²⁷. Also Zangari $(2020)^{28}$, who compared the level of concentration of PM_{2.5} and NO₂in the first week of

May, 2020 with first week of January, 2020 opined, though the results show that the concentration of $PM_{2.5}$ and NO_2 have decreased during the lockdown period but the six-year trend shows that the concentration of $PM_{2.5}$ and NO_2 decreases gradually from the first week of January to the first week of May²⁸ in New York, USA. In each empirical study as the data were collected from different locations in each of the major cities at different times by different techniques so some of the cities have more than one observation about each pollutant. To nullify the difference in collection methods and concise the resultant effect of the air pollutants in each of the studied cities, the mean value has been considered to meet the objective of this current investigation.

The studies that have been examined show that the empirical verifications of the air quality during the lockdown period were done either by comparing the lockdown/post lockdown^{20,23}/self-reflection¹⁵/stay-at-home²⁷ period with the pre-lockdown period or by comparing with the previous year(s) records on air quality of the respective places. (Fig. 5) represents the comparison of the mean values of the air pollutants during lockdown with pre lockdown period and previous years(s) record.

From the figure it may be inferred that during the lockdown period concentration of all the air pollutants decreased except O_3 . Probable cause for this increase maybe due to the decrease in the level of concentration of NO in the air²², especially in industrial and traffic dominated areas^{20,26}, less combustion of NOx and VOCs^{21,23}. Other probable reasons for the increase in the level of O_3 in the air maybe due to the solar radiation^{16,25}







Fig. 2 — Percentage of countries covered in each continent

and an increase in atmospheric temperature^{21,25}. Increase in the level of concentration of O_3 facilitated to overcome the problem of the 'Ozone Hole' to some extent.

However, few studies observed that due to the combustion of coal in power plants, which were functional even during the lockdown period affected the air quality of those places^{16,21}.

Marked decrease in the concentration levels of NO, NO₂ and NOx were noticed, especially when the data have been compared with the previous year(s) records. A decrease in the level of NO₂ may be due to a decrease in the combustion of fuels during the lockdown²³. It improved the health of the people¹⁵. Ma C and Kang G $(2020)^{15}$ noted that it had significantly improved the health of the Wuhan citizens. As data for NH₃ was available from only one source so evaluation of the level of concentration of NH₃ was not possible in the present study.

Significant decreases in the levels of concentration of PM₁₀, PM_{2.5}, SO₂ and CO have also been observed during the lockdown period due to restricted movements of traffic and temporary closure of factories and industries^{11,17,23}. The decrease in the concentration of PM2.5 delayed the allergic airway inflammation in 10 years old children in Wuhan, Daegu and Tokyo¹⁵. In Slovenia 71% to 78% decrease in paediatric asthma admissions and 51% to 68% decrease in admissions for acute respiratory tract infections were reported in comparison to the last three years, i.e. 2017, 2018 and 2019, during the period from March 16 to April 20, 2020³⁰. Also Picano (2020)³¹ observed that due to the reduction of fine particulate matter, NO2 and increase of O3 in the air led to a reduction in acute cardiovascular admissions and acute environmental cardiovascular mortality during the lockdown period.



Fig. 3 — Percentage of places covered in each continent



Fig. 4 — Mean values of the air pollutants during lockdown period



Fig. 5 — Comparison of the mean values of the Air Pollutants

Further, keen observation of the images and measurements taken by the Moderate Resolution Imaging Spectroradiometer (MODIS) on NASA's Terra satellite during the periods from March-May 2019 and from March-May 2020, makes it evident that improvement in the quality of air affected the worldwide land surface temperature during lockdown as well, which in turn had positive effect on the vegetation. These maps show daytime land temperatures as measured from space. Temperatures range from -25 degrees Celsius (deep blue) to 45 degrees Celsius (pinkish yellow). Vegetation is pictured as a scale, or index, of greenness. In places where foliage is dense and plants are growing quickly, the index is high, represented in dark green. Regions where few plants grow have a low vegetation index, shown in tan³² (Fig. 6).



Source: https://earthobservatory.nasa.gov/global-maps/MOD_LSTD_M/MOD_NDVI_M

Fig. 6 — Images of world land surface temperature and vegetation

Limitation of the study

No relevant studies from the continents of Africa, Oceania and Antarctica were found.

Conclusion

It may be inferred from this analysis that the lockdown did improve the air quality of the world significantly. This report may be concluded with a note that as a coin has two sides similarly amidst all the negative impact on the health of mankind inflicted by COVID-19, healing of the earth and its resources took place. The air quality drastically improved that led to better climatic conditions which too affected the health in a positive way.

Conflict of Interest

All authors declare no conflict of interest.

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