PREFACE

Technology Information Forecasting Assessment Council Center of Relevance and Excellence in Herbal Drugs (TIFAC CORE HD) in association with Department of Pharmacognosy, JSS College of Pharmacy, Ooty, JSS Academy of Higher Education & Research, Mysuru organized a national symposium on "Polycystic Ovarian Syndrome (PCOS) and Menstrual Health Awareness" from 20th-21st December, 2022 at Auditorium, JSS College of Pharmacy, Rocklands, Ooty. This National Symposium provided a platform to Faculty, Industrial delegates, Ph.D. scholars, post graduates and undergraduates to interact with eminent scientists working in the field of PCOS and other women related diseases.

Around 200 registrations came from 17 Pharmacy colleges and 2 industries across India. Dr. S. P. Dhanabal, Principal was the chief patron, Dr. Shanmugam R and Dr. Shanker K were the Convener and co-convener respectively. Dr. L Priyanka Dwarampudi was the organizing secretary for this Symposium. The presidential address was given by Dr. Rajesh Kumar Jha, Principal Scientist, CDRI, Lucknow and the felicitation address by Dr. Naseem A. Siddiqui, Principal Scientist & Business development, CDRI, Lucknow. Eight sessions were conducted and parallel 40 poster & 20 Oral presentations were conducted and top 3 oral and poster presentation prizes were given.

The event was highly welcomed by the delegates and expressed their knowledge exchange with the group. This symposium is helpful for adolescent girls and women facing PCOS problems. The sessions also covered how to deal with the symptoms of PCOS and management of the syndrome.

This symposium included an amalgamating scientific session and a research capacity building program. The symposium also provided many opportunities for the exchange of ideas, scientific knowledge and experiences between researchers, scientists, scientists and students of reproductive endocrinology and pharmacy. Keeping the community informed about the most recent work and creating new connections between disciplines makes exchanges and new collaborations possible. Papers were invited by several symposium participants. Both professors and students submitted papers that underwent rigorous peer review before being accepted for this special issue. Out of all papers 1 review and 7 research articles were included in this issue. We believe that all articles published in this special issue will have a profound impact on young researchers and educators. We thank all the authors who contributed to this special issue.

Further, I would like to extend my gratitude and sincere thanks to Dr Ranjana Aggarwal, Director, CSIR-NIScPR, New Delhi, and Dr G Mahesh, Head, Research Division, for encouragement towards this publication. I also appreciate the support and extensive work done by the Executive editor, Dr DN Rao, Scientific Editor, Dr NK Prasanna and team of the Indian Journal of Biochemistry and Biophysics, in bringing out this excellent special issue. At the last but not least, the accurate and efficient type settings of the issue by the technical staff is greatly acknowledged and the patience shown by them in repeated revisions/corrections was incredible

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